

**AWAKENINGS / WEEK ONE / FIVE EASY PIECES**  
**The Sacred Journey: A Road Map for Spiritual Formation**

- 1. Do you see your life as a sacred journey? Why? Why not? Describe the pilgrimage you are making – in the present moment.**
- 2. Describe “awakening moments” in your sacred journey?**
- 3. Awakenings often bring both comfort and distress – Where do you see these awakenings in the story of Jacob (Genesis 28:10-22), Isaiah (Isaiah 6:1-6), and the Prodigal Son (Luke 15:11-32)?**
- 4. Spend time reading aloud Psalm 139 - especially verses 1-18 / (God is in the journey from day one.)**
- 5. Describe the challenges that surround your slumber. Are you asleep spiritually? Where? How?**