

Talking about End Times - Discussion Questions

Session Two: Talking About Death Won't Kill Us:

1. What do you recall about your first experience with death?

How old, who died, and what were you told about death and dying?

Going Deeper:

- *Do you still hold this understanding?*
- *If yes - does it bring you peace?*
- *If not, what has influenced your current beliefs?*

2. What two messages do you want your loved ones to know about your thoughts / beliefs on dying?

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Going Deeper:

- *What questions / concerns do you hold about dying?*
- *Do they need to be resolved? If so, how might you engage them?*

3. What are questions / concerns do you have about talking about dying?

- **With your spouse/partner?**
- **With your children?**
- **With your parents?**

Going Deeper:

- *Who else needs to be included in these conversations? Have you shared your questions, concerns with them? Do you know theirs?*
- *How might your questions and concerns become part of the conversation rather than postpone it?*